

Health Experience Program

Student Resource

Careers in health

Subject Links:

- Biology
- Chemistry
- Health and Human Development
- Mathematics
- Psychology
- Physical Education
- VET health



Name:

This resource will help you discover more about one of Shepparton's trending industries.

A trending industry is a growth industry that is expected to drive economic growth and create employment opportunities in the near future.

These industries are going to need people like you.

Careers in health in the Shepparton Region

The health care and social assistance sector is the largest employer in our region and remains its fastest growing industry.

Entry level jobs are often where skills shortages already exist. They usually don't require an ATAR or university degree.

Traineeships in health and allied health care offer you the chance to start your career and learn on the job at the same time.

Careers in health offer a diverse choice of occupations, including highly skilled professional positions at one of our internationally recognised health facilities: Goulburn Valley Health.

Modern Aged care facilities offer a varied range of professional and entry level roles in direct patient care and support. There are also opportunities to work across Support Service settings such as administration, cleaning or hospitality.

Surgeons, specialist nurses and researcher roles are also amongst the fastest growing professions in our region.

GV Health's careers in Health reflect the demands of both an aging population looking for an active and healthy retirement, and young families moving here.

Learning Objectives:

It is intended that students will:

- Develop an understanding of the diversity of careers offered in the health sector
- Gain insight into the work of health professionals and different roles in clinical and non-clinical areas
- Develop an understanding of pathways and job opportunities in this sector beyond the school gate.

On average, a person will change their career 5-7 times throughout their working life. Changes in technology and scientific discoveries means that new jobs that didn't exist 10 or 20 years ago, now require a workforce.

It is the perfect time to start thinking about your skills and industries that you would like to study and/or work in.

Contents

1	The Health Industry – what is it and who works in it?	2
2	Personality Quiz – are you suited to work in this industry?	3
3	Enrolled or Registered Nurse – what is the difference?	4
4	Meet the people – who works in the health industry?	6
5	Allied Health Science	11
6	Support Services Health Careers	17
7	How to find out more about Careers in health	18
8	Where to from here?	20
9	Want to hear from Students?	21

This resource is proudly provided by the Goulburn Murray Local Learning and Employment Network.



We acknowledge the traditional custodians of the land and waters on which we live and work. We pay our respects to their Elders past, present and emerging, and thank them for their care of the land.

Activity 1

The Health Industry



List as many occupations as you can that you think are part of the Health Industry.

Clinical Health care workers work in Health and Aged care settings and provide direct care to patients. They have face to face contact with patients for the purpose of diagnosis, treatment and ongoing care.

Non Clinical Health care workers also work in Health and Aged care settings but do not provide direct care but support patient care. They work in roles ranging from cleaners, caterers, administration staff to Hospital executives, biomedical technicians and medical billers and coders.

Look at this list below. They are all roles you will find in the Health Industry.

Tick the correct box for each role.

	Clinical	Non Clinical
General Practitioner		
Enrolled Nurse		
Medical Receptionist		
Assistant in Nursing		
Quality Consultant		
Surgeon		
Research Program Support Officer		
Pharmacist		
Dentist		
Hospital Administrator		
Physiotherapist		
Speech Therapist		
Midwife		

	Clinical	Non Clinical
IT support staff		
Human Resources Officer		
Hospital Registrar		
Orderly		
Theatre Technician		
Registered Nurse		
Allied Health Assistant		
Personal Care Worker		
Patient Transport		
Chief Financial Officer		
Clinical Coder		
Occupational Therapist		
Optometrist		

Activity 2

Personality Quiz



**Are you suited
to a career in
Health?**

**Take a
career
quiz >>**

Find out more about yourself to decide if a career in health is for you.

Where to begin in a career in Health

A Bullseye look at careers in health

<https://myfuture.edu.au/bullseyes/details/16--health>

For further information on Health Careers check out this website.

<https://www.myhealthcareer.com.au/discover-health-careers/>



Activity 3

Nursing



Registered Nurse vs Enrolled Nurse

Watch the two videos. (click the green & yellow icons)

What qualifications do you have to do to become an RN nurse?

What qualifications do you have to do to become an EN nurse?

List some of the tasks each nurse does?

Registered Nurse	Enrolled Nurse



What do they enjoy about their jobs?

Watch the next video. (click the purple icon)

Enrolled Nurse- Meet Hannah.

How does Hannah start her day as a Critical Care Nurse?

Activity 3

Nursing *continued*



Meet Kaylah who works at GV Health as a Midwife



Watch Kaylah's video. (click the aqua icon).

What is Kaylah's favourite thing about being a midwife?

What is the first thing Kaylah does when she gets to work?



Activity 4

Meet the People



Graduate Program at GV Health

Click the link for information. (click the blue icon)

What graduate programs does GV Health offer?

Why do you think nurses are special people?

Can you see yourself becoming a nurse? Why/Why not?



GV Health is the main referral Health Service for the Hume Region.

Find out more about GV Health. (click the yellow icon).

What are some of GV Healths services?

Our community has a higher percentage of people with... list 3 things

1	
2	
3	

Activity 4

Meet the People *continued*



View GV Healths Emergency Department



Watch GV Healths emergency tour.
(click the orange icon).

What units are on level 1?

What PPE (personal protective equipment) were some staff wearing in the video?

Each day is different in the Emergency Department and they never know from day to day what might come in to be treated. People present at their worst and it would be your job to understand their needs and what treatment they may need. It would be extremely busy working in the emergency department.

What qualities do you think you would need to work in this area? Do you think you would be suited to this type of work? Why/why not?

Activity 4

Meet the People *continued*



GV Health

Go to GV Health website. (click the aqua icon)

What are the 6 values of GV Health?

1	
2	
3	
4	
5	
6	

Why would these values be important in health care?

What do you think is the main characteristic you would need to be part of the health care industry?



Activity 4

Meet the People *continued*



Working in Theatre

A team of people from many disciplines work in our operating theatres to perform lifesaving surgeries.

The team is made up of specialist nurses, medical staff and technicians such as; admitting nurses, anaesthetic nurses, anaesthetists, scrub nurses, surgeons, registrars, theatre technicians, medical device specialists, post anaesthesia care unit nurses (PACU), educators and floor co-ordinators.

Key to delivering excellent patient care is the ability of all staff working as one and in sync with each other, teamwork is critical to working in the theatre environment. Each has a specific role and they rely on each other to deliver that role in a competent and efficient way.

The three main qualities required to work in this environment are:

- **Flexibility and Adaptability** – theatre schedules change, no two patients are the same and surgeries can change quickly.
- **Resilience** – it is a fast paced, stressful environment and you are working with critical and acutely unwell patients.
- **Team Player** – staff depend on each other daily, no singular person of any discipline can operate on a patient independently.

Hear from an
Anesthetist that works
in our theatres at
GV Health.



Activity 4

Meet the People *continued*



Tick the phases that relate to working in theatre.

Standing for long periods of time	
Reading a book	
Attention to detail	
Being alert	
Working on a computer	
Knowledge of instruments	
Hand equipment to surgeon	

Sit down and have a snack	
Watch monitors	
Count equipment and instruments	
Working outside	
Panic when things go wrong	
Scrub, gown and glove up	
Write prescriptions for medication	

Why would communication in the operating theatre need to be clear, direct and close-looped?

Theatre Nurse

A theatre nurse is an enrolled or registered nurse that has done further specialist training.

Their role is to;

- Ensure equipment is clean, sterile and set up in readiness for use
- Ensure medical students' scrub, gown and glove up correctly
- Counts equipment (instruments, sponges, sutures etc) before and after operation
- Preps area for surgery, drapes the patient
- Hands equipment or tools to surgeon upon request
- Know what operation is being performed to be able to preempt what the surgeon need given to them.

Check out this website to find out about other specialist nurses that work in the theatre.

Do you think this job is for you? Why/Why not?

Activity 5

Allied Health Science



Allied Health professionals what and who are they?

The Allied Health sector is extremely diverse.

Allied health professionals work with people of all ages to identify and assess issues and provide treatment to support acquisition of skills, recovery and reablement.

Click on the website icon and research an Allied Health Profession that you think you would be interested in.

What do they do?

Where do they practice?

When should you see this type of Allied Health Professional?

What services do they provide?

How do they get qualified?

Read the case study to find out how the Allied Health Professional has helped a patient.

Activity 5

Allied Health Science *continued*



Meet Anna an Occupational Therapist

Watch the video to find out about Anna's job. (click the green icon)

According to Anna, what do occupational therapists do?

What is a typical day for an occupational therapist?

What did Anna study to become an occupational therapist?

What does Anna love about her job?



Activity 5

Allied Health Science *continued*



What is a Pharmacist?

Watch the next video to find out. (click the yellow icon)

What did Aleena study to get into this role?

What are some of Aleena's main tasks?

What does Aleena enjoy about her job?



Activity 5

Allied Health Science *continued*



Meet Jimmy and Maimuna who work in the Medical Imaging Department at GV Health

Watch the videos to find out about their job. (click the colour icons)

What did they study to get into this role?

What are some of their main tasks?

What other staff do they work with?

What do they enjoy most about their job?

Activity 5

Allied Health Science *continued*



Meet Charlie who works in Physiotherapy at GV Health

Watch the video to find out more. (click the green icon)

What did Charlie study to get into this role?

What are some of Charlie's main tasks?

What qualities do you need to become a physiotherapist?

What does Charlie enjoy most about the job?



Activity 5

Allied Health Science *continued*



Mental Health Clinician

Watch the next video to find out. (click the orange icon)

What did Skye study to get into this role?

click

What are some of Skye's main tasks?

What is Skye's favourite part about the job?

What was some advice Skye gave to someone going into this job field?



Activity 6

Support Services Health Careers



Theatre Technician at GV Health

Watch the video to find out more. (click the blue icon)

What did Steve study to get into this job?

click

What is Steve's favourite part about the job?

What are some of Steve's main tasks?

What made Steve get into this role?

Theatre Technicians are:

- Team workers
- Resilient
- Resourceful
- Flexible
- Adaptable
- Able to embrace new technologies
- Problem solvers
- Good communicators

Why would you need these skills and character traits to do this job?

Activity 7

How to find out more about Careers in health



Use the job outlook website: www.joboutlook.gov.au to search the following health careers.

1. Hospital Orderlies

Job Description			
Daily Tasks			
Future Growth/ Job demand			
Weekly Pay		Skill Level	
Qualifications			

2. Registered Nurse

Job Description			
Daily Tasks			
Future Growth/ Job demand			
Weekly Pay		Skill Level	
Qualifications			

3. Medical Receptionist

Job Description			
Daily Tasks			
Future Growth/ Job demand			
Weekly Pay		Skill Level	
Qualifications			

Activity 7

How to find out more about
Careers in health *continued*



4. Personal Care Assistant

Job Description			
Daily Tasks			
Future Growth/ Job demand			
Weekly Pay		Skill Level	
Qualifications			

5. General Practitioner GP

Job Description			
Daily Tasks			
Future Growth/ Job demand			
Weekly Pay		Skill Level	
Qualifications			

6. Medical Technician

Job Description			
Daily Tasks			
Future Growth/ Job demand			
Weekly Pay		Skill Level	
Qualifications			

Where to from here?



What is offered locally at GOTAFE & La Trobe?

(click the green and orange icons)

What Health courses does TAFE offer?

How long does the Diploma of Nursing go for?

What does the Diploma of Nursing involve?

Where can a student work after completing their diploma?

How did Yangama become a Senior Lecturer?

Hear from Students



Want to hear from students?

Watch the information videos to find out how you could get into one of these courses at La Trobe.

What is Shaelyn currently studying?

Where has she done placement?

Why did Shaelyn want to get into health?

What are Fiona and Brianna studying?

What do the girls enjoy most about their course?

Careers in health



The Role of the LLEN

There are 31 Local Learning Employment Network groups throughout Victoria.

They aim to help jobseekers of all ages achieve sustainable employment through partnerships with key regional organisations.

They also facilitate student access to structured workplace learning placements which are tailored to local priorities and employment opportunities.



www.gmlen.com.au