

Certificate III in Sports, Aquatics and Recreation

COURSE CODE: SIS30122

Description:

Train, coach and instruct others in a variety of sports and develop your own fitness as you participate in a range of sports as you are trained by fellow students.

Students develop their leadership skills and knowledge to safely and effectively plan, conduct, officiate, coach and participate in a range of sport and recreation sessions. These may include volleyball, AFL, soccer, indoor hockey, indoor cricket, netball, basketball or fitness circuits plus others. Learn about current First Aid and WHS practices so you are ready to enter the industry as soon as you are done.

You will learn things like:

- Assist in preparing and conducting sport and recreation sessions
- Participate in workplace health and safety, risk assessment and respond to emergencies
- Plan and conduct educational coaching session
- Participate in strength and conditioning programs for specific sports and general fitness
- Apply first aid
- Instruct and monitor fitness program

Does this sound like you:

- Reliable and motivated and enjoy sports
- Enjoy working with others to achieve their goals
- Want to develop further communication skills for potential coaching roles
- Active and want to help people achieve their fitness goals
- Wanting to provide customer service
- Mindful of safety in a workplace

INFORMATION PROVIDED AS A GUIDE ONLY.
Please check details with nominated RTO prior to enrolment.

Venue & RTO:

RTO	Location	Delivery
GOTAFE (RTO : 3094).	Online	Online & work 1 day a week in industry
Northern College of the Arts & Technology (RTO : 6736).	Melbourne CBD	Wednesday: first year 9am-12:30pm; second year 1:30pm-5pm
IVET Group (RTO : 40548).	Seymour College**	Wednesday

** Contact the school for further information and availability

Fees:

Your school VET Coordinator can advise on fees.

Course length:

1 to 2 years depending on provider and unit selection

How to apply:

Speak to your school's VET Coordinator and complete the VDSS application form. Placement is subject to availability and school approval.

Qualification and Recognition:

- This program offers a study score in Year 12 through scored assessment. The score can contribute directly to the ATAR as one of a student's primary four scaled studies or as the fifth or sixth study.
- Pathway to higher certificates, diploma and associated diploma level VET qualifications in sport and recreation and the fitness industry.

Career Opportunities:

- Providing support in the provision of sport and recreation programs
- Working in the health and fitness industry in fitness centres, outdoor sporting groups or aquatic centres
- Recreation officer
- Leisure centre officer

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